



Welcome to the July Newsletter for Wind Willow Consortium!

Upcoming Events

Unfortunately, our visit to Shades of Lavender for 7/26 has been canceled due to weather. Stay tuned for a makeup session in September!

Save the Date!

WIND WILLOW CONSORTIUM at the Portage District Library

Saturday each month at 10:30am

September 13

November 22

December 13

Registration required on the
PDL website



Your monthly moment of peace...





Sound Lessons

How Sound has Changed My Life
by Diana Hart, CST (www.lotus-sound-health.com)

From an early age, I have experienced music as a steady presence; listening to and playing music it is my life's backdrop. In recent years I have rewoven that fabric to include an infinite repertoire of sounds. Now, as a sound

therapist, I benefit from giving individual sound sessions to private clients and sound immersions to the public. I also receive sound therapy sessions and attend sound immersions.

Sound changes my life as...

...I experience calm; prior annoyances now rarely provoke irritation.

...I feel and enjoy the peace of sound moving through me.
...my mind clears; I can think and imagine freely.
...sound soothes; it is a balm, a healing.

WWC Board Member Events Around the Community

U-Pick Flowers & Sound Immersion at Flowerfield Farmstead

July 27th @ 10am

with Jessie Duniphan of Wondrous Sounds

Registration required: <https://www.flowerfieldfarmstead.com/store-2/u-pick-flowers-sound-immersion-with-wondrous-sounds>

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